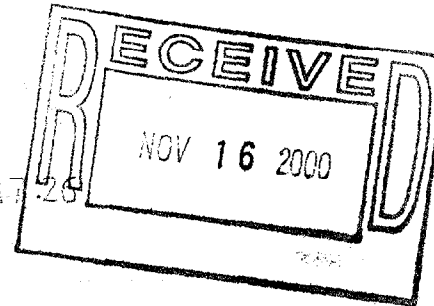


Partners in Health and Beauty

Office of Special Nutritionals (HFS-450)
Center for Food Safety and Applied Nutrition
Food and Drug Administration
200 C Street, SW
Washington, D.C. 20204

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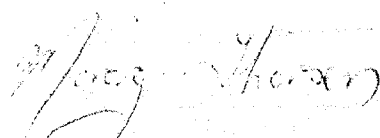


November 14, 2000

This letter serves as a 30 day notification pursuant to Section 6 of the Dietary Supplement Health and Education Act of 1994 (DSHEA), that Country Life® is using the following statement on the label of Lipotropic Metabolizer Tablets (dietary ingredients: vitamin B-6, choline, inositol, L-methionine, taurine, betaine hydrochloride & barberry extract). This statement is accompanied by the required disclaimer. To the best of my knowledge, the information contained in this notice is complete and accurate.

Lipotropic nutrients are essential components of cell walls and are involved in cell growth.

Sincerely,


Morag Thorsen
Regulatory Affairs Manager B.A., M.A.L.S.

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975-0162

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